DOCUMENT RESUME

ED 269 138 PS 015 760

AUTHOR Goldberg, Sally
TITLE Teaching with Toys: A Handbook of Songs and Exercises.
PUB DATE [85]
NOTE 21p.; For related document, see PS 015 761.
PUB TYPE Guides - Classroom Use - Guides (For Teachers) (052)

EDRS PRICE MF01/PC01 Plus Postage.
DESCRIPTORS *Concept Formation; *Infants; *Language Acquisition; Learning Activities; *Physical Activities; *Songs; *Toddlers
IDENTIFIERS *Rhyme

ABSTRACT

Songs, rhymes, and sayings entered in this handbook are particularly useful as basic teaching techniques for babies and small children. Popular and easy to learn, many are simple Mother Goose nursery rhymes. Others are traditional songs and sayings that have been passed on from generation to generation in our culture. Some are appropriate for use when infants are given exercise. Materials for toddlers are appropriate for refining movement, teaching concepts, and developing creativity. (RH)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)

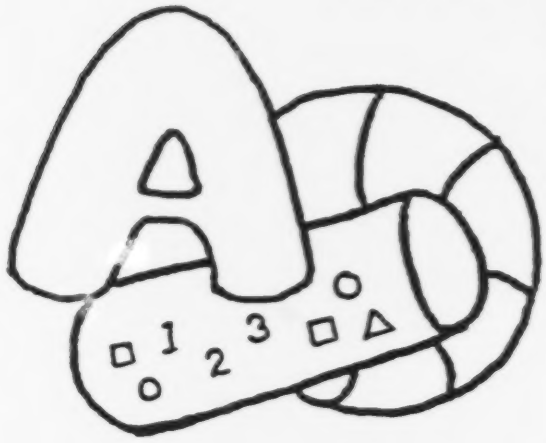
☒ This document has been reproduced as received from the person or organization originating it.

☐ Minor changes have been made to improve reproduction quality.

• Points of view or opinions stated in this document do not necessarily represent official OERI position or policy.

ED269138

Teaching with Toys



A HANDBOOK OF SONGS AND EXERCISES

PS 015760

"PERMISSION TO REPRODUCE THIS MATERIAL HAS BEEN GRANTED BY
Sally Goldberg
TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)."

About Language Development, Concepts, and Exercise

Years ago when many grandparents lived near their grandchildren and had the opportunity to spend many hours with them, they taught the children many things. One of their vehicles was nursery rhymes and simple songs. Besides being a means of sharing love, they helped the children develop language skills, taught them concepts, and provided exercises that are naturally good for learning.

Today because of the many conveniences of modern time, baby care is easier. More time is available for parents to play with and stimulate their children. In addition, because many grandmothers are far from their grandchildren, they have to take over the responsibility of educational stimulation.

The following songs, rhymes, and sayings are ones that are particularly useful as basic teaching techniques for babies and small children. They are popular with the children and easy to learn. Many are simple Mother Goose Nursery Rhymes and others are traditional songs and sayings that have been passed on from generation to generation in our culture.

The following are recommended for babies:

The Name Song (Tune of Frere Jacque)

(Name Toy is used well with this song)

Where is (Child's Name)

Where is (Child's Name) Clap together.

Here I am)

Here I am) Point to child with his hands.

How are you today, sir (miss)?)

How are you today, sir (miss)?) Clap together.

Raise left hand)

Raise right hand) Do action.

ABC Song

A B C D	Point to the letters on a chart if possible
E F G	
H I J K	
L M N O P	
Q R S	
T U V	
W X Y Z	Be sure not to say "and" in the last phrase. It could sound like an "N" to a small child.

Ten Little Indians

1 little, 2 little, 3 little Indians) Count with this song. First
4 little, 5 little, 6 little Indians) point to numbers on a chart from
7 little, 8 little, 9 little Indians) 1 to 10. Then count each of the
10 little Indians boys and girls. 10 fingers. Then count the
children in the room and stop at
the correct number.

If You're Happy and You Know It

If you're happy and you know it, clap your hands.)
If you're happy and you know it, clap your hands.) Clap hands.
If you're happy and you know it, your face will surely show it,
If you're happy and you know it, clap your hands.

If you're happy and you know it, pat your head.)
If you're happy and you know it, pat your head.) Pat head.
If you're happy and you know it and you really want to show it,
If you're happy and you know it, pat your head.

If you're happy and you know it, stamp your feet.)
If you're happy and you know it, stamp your feet.) Stamp feet.
If you're happy and you know it, and you really want to show it,
If you're happy and you know it, stamp your feet.

If You're Happy and You Know It (continued)

If you're happy and you know it, do all three.) Clap hands, pat head,

If you're happy and you know it, do all three.) Stamp feet.

If you're happy and you know it and you really want to show it,

If you're happy and you know it, do all three.

Head, Shoulders, Knees and Toes

Head, shoulders, knees, and toes, knees and toes.) Point to

Head, shoulders, knees, and toes, knees and toes.) body parts.

Eyes and ears and moth and nose,

Head, shoulders, knees, and toes, knees and toes.

The Grand Old Duke of York

The Grand Old Duke of York	)	
He had 10,000 men.	)	Bounce baby on your knee.
He marched them up the hill,	)	Raise baby.
And he marched them down again.	)	Lower baby.
And when they're up they're up,	)	Raise baby.
And when they're down they're down,	)	Lower baby.
And when they're only half way up	)	Raise baby half way.
They're neither up nor down.	)	Move baby up and down.

Dance Little Baby

Dance little (Child's Name).) Dance baby in front of you.

Dance up high.) Raise baby.

Never mind (Child's Name), Mother is by.) Hug baby.

Up to the ceiling,) Raise baby.

Down to the ground,) Lower baby.

Backwards and forwards,) Move baby backwards and forwards.

Round and Round.) Move baby around.

Round and Round the Garden Path

Round and Round the garden path) Move your finger round and

Walks the teddy bear.) round on baby's palm or move

One step,) your hand round and round on

Two steps,) baby's tummy.

Tickley under there.) Pretend tickle under baby's arm.

Teddy Bear, Teddy Bear

Teddy Bear, Teddy Bear, turn around) Do as many

Teddy Bear, Teddy Bear, touch the ground.)

Teddy Bear, Teddy Bear, show your shoe.) motions as possible

Teddy Bear, Teddy Bear, that will do.)

Teddy Bear, Teddy Bear, go upstairs.) with the baby.

Teddy Bear, Teddy Bear, say your prayers.)

Teddy Bear, Teddy Bear, turn out the light.)

Teddy Bear, Teddy Bear, say good night.)

Jack In the Box

Jack in the box,) With baby facing away from you, move his
Jack in the box.) hands around and around.
Open the lid.) Cross one arm over his body and move it across.
And up he (she) pops.) Raise baby.

(Repeat whole saying but open the lid with the opposite arm this time.)

Skida Marink

Skida marink a dink a dink.) Raise each arm alternately like when
Sida marink a doo.) taking an oath and wiggle your fingers.
Place each opposite hand under the elbow.

I love you.) Point to self, hug child, and then point
) to the child.

Skida marink a dink a dink.)
Skida marink a dink a doo.) Repeat first motion.
I love you.) Repeat second motion.

I love you in the morning) Open hands out together low in front as
) if carrying something.
And in the afternoon) Raise the hands a little.
I love you in the evening) Raise the hands high.
And underneath the moon.) Raise hands to meet in a circle over the
) head.

Oh skida marink a dink a dink.)
Skida marink a doo.) Repeat first motion.

The Wheels On The Bus

The wheels on the bus go round and round,)
Round and round,)
Round and round.) Move arms around and around.
The wheels on the bus go round and round,)
All through the town.

The doors on the bus go open and shut.) Do the motions
The wipers on the bus go swish and swish.) with the baby.
The people on the bus go up and down.
The babies on the bus go wah, wah, wah.
The mommies on the bus go sh, sh, sh.
The daddies on the bus go hm, hm, hm.

(Suggested verses; there are others, make up your own)

Ride a Cock Horse

Ride a cock horse)
To Banberry Cross) In any comfortable position, bounce baby.
To see a fine lady
Upon a white horse.
Rings on her fingers
And bells on her toes,
She shall have music
Wherever she goes.

Patty Cake

Pat a cake, pat a cake,	)
Baker's man,	) Clap baby's hands.
Bake me a cake as fast you can.	)
Roll it	) Roll baby's arms.
And stir it	) Stir with baby's arms.
And mark it with a (Child's Initial),	) Write the letter with your finger on baby's palm.
And toss it in the oven for (Child's Name)	) Toss baby's arms outward.

There are a few songs that are excellent for doing baby exercise. Follow the actions in the song with the baby as you sing. Because babies are meant to be mobile, the general principal of baby exercise is baby movement. Any way a body is moved off balance, it uses its muscles to right itself and regain balance.

Open Shut Them (For stretching out the arms)

Open shut them

Open shut them

Give a little clap, clap, clap.

Open shut them

Open shut them

Put them in your lap, lap, lap.

Daisey, Daisey (For stretching out legs in a bicycle type of movement)

Daisey, Daisey, I'm half crazy

All for the love of you.

It won't be a stylish marriage.

I can't afford a carriage,

But you'll look sweet

Upon the seat

Of a bicycle built for two.

Row, Row, Row Your Boat (For rolling baby from side to side)

Row, row, row your boat

Gently down the stream.

Merrily, merrily, merrily, merrily,

Life is but a dream.

Walking, Walking (For walking practice leading to the first steps)

Walking, walking,

Walking, walking,

Jump, jump, jump,

Jump, jump, jump.

Running, running, running,

Running, running, running.

Now lets stop,

Now lets stop.

(Repeat)

The Hokey Pokey (For general movement including around)

You put your right hand in.

You put your right hand out.

You put your right hand in and shake it all around.

You do the hokey pokey

And you turn yourself about.

That's what it's all about.

(Continue verses with - left hand, right foot, left foot, and whole self.)

Rolling babies on beach balls of all sizes and rolls also give them movement. They can use them in a sitting or prone position. Any nice background music is effective for this activity. A baby blanket held at the four corners by two people is excellent for swinging baby gently. Your body has all kinds of ways it can form swinging, bouncing, and rocking activities for little ones. Fathers naturally roughhouse their babies in ways that are good or their development as well as fun.

Up until 3 months all exercises should be limited to stretching out the parts of the body from the fetal position. After that, all exercises

should be movements and positions that will practice major milestones ahead - rolling over, sitting, crawling, standing, and walking. Once crawling is accomplished, opportunities for crawling and guided walking should be fostered. Other exercises are any movements on balls and rolls that rock the baby and move him off balance. That causes him to use his muscles to regain his balance. When walking is accomplished, any safe situations for climbing are excellent. In addition, following the motions to circle songs develops creativity as well as provides exercise.

The next group of songs are recommended for toddlers. They are suggested for the refinement of movement, the teaching of concepts, and the development of creativity.

For those the same as for the babies, encourage the child to do the motions by herself.

The Name Song - Same as for babies.

Hello Song

Hello _____, hello _____,
How are you today?
I'm fine. I'm fine.
It's such a beautiful day.
(Substitute appropriate weather for "beautiful".)

Sally's Dress

Sally's wearing a red dress, red dress, dress, dress.

Sally's wearing a red dress all day long.

(Substitute child's name for "Sally" and the appropriate color and clothes item you choose.)

ABC Song - Same as for babies.

Ten Little Indians - Same as for babies, and add these two verses:

Oo-ah, oo-ah, shoot the arrow.) Cover mouth like an Indian and then slide
Oo-ah, oo-ah, shoot the arrow,) hands together like shooting an arrow.
One little golden arrow.) Show the index finger.

Oo-ah, oo-ah, stuck in a tree.) Put index finger in the palm
Oo-ah, oo-ah, stuck in a tree,) of the opposite hand.
One little golden arrow.) Show the index finger.

Hickory, Dickory, Dock

Hickory, dickory, dock.) Show a play or real clock.
The mouse ran up the clock.) Show a play mouse moving up toward the clock.
The clock struck one.) Show one pointer finger.
The mouse ran down.) Show mouse moving down.
Hickory, dickory, dock.) Show the clock.

If You're Happy and You Know It - Same as for babies.

Head Shoulders Knees and Toes - Same as for babies.

Round and Round the Garden Path - Same as for babies.

Teddy Bear, Teddy Bear - Same as for babies.

The Wheels on the Bus - Same as for babies.

Jack in the Box - Same as for babies - Stand with your child in front of you instead of sitting.

Jack Be Nimble

Jack Be Nimble) Help to jump the child over
Jack Be Quick) something you put on the floor.
Jack Jump over the candlestick.

Open Shut Them - Different motion and more words than for the babies.

Open shut them,)
Open shut them,) Open hands and close them.
Give a little clap, clap, clap) Clap
Open shut them)
Open shut them.) Open hands and close them.
Put them in your lap.) Put hands in your lap.

Open Shut Them (continued)

Creep them, creep them,) Move hands slowly up
Slowly creep them,) your chest to your chin.
Right up to your chin, chin, chin.)
Open up your little mouth) Point to your mouth as you open it.
But do not let them in.) Hide hands behind your back.

Two Little Apples

Two little apples) Raise in the air your two index fingers.
Up in a tree)
Smiled at me.) Use your two index fingers to outline a smile on your mouth.
So I shook the tree) Clasp hands together in a shaking motion.
As hard as I could)
And down came the apples.) Lower hands slower and wiggle fingers as they come down.
Mm they were good.) Rub your tummy in a circular motion.

Three Little Monkeys

Three little monkeys jumping on the bed.) Bounce three fingers on your opposite palm.
One fell off and bumped his head,) Move forefinger to the side.
The mommy called the doctor, and the doctor said,) Pretend dial.
"Keep those monkeys off of that bed.") Shake forefinger.

(Repeat with "Two little monkeys" and then "One".
End with "No more monkeys jumping on the bed.")

I'm a Little Teapot

(Place the child's left hand on his waist and show the waist. Place his right hand in spout position and talk about that.)

I'm a little teapot, short and stout.) Move child
Here is my handle.) slowly from
Here is my spout.) side to side.
When I get all steamed up, hear me shout.) Move him quickly from
) side to side.
Just tip me over and pour me out.) Bend him over sideways to his right.

Itsy Bitsy Spider

The itsy bitsy spider) Forefinger to thumb and thumb to forefinger.
Went up the water spout.) Demonstrate for child.
Down came the rain) Hands slowly down with fingers wiggling.
And washed the spider out.) Stretch out arms.
Out came the sun) Raise arms in a circle and
And dried up all the rain,) move from side to side.
And the itsy bitsy spider) Forefinger to thumb and thumb to forefinger
Went up the spout again.

Litle Miss Muffett

Little Miss Muffet
Sat on a tuffet,
Eating her curds and whey.
Along came a spider) Act out with a child or a doll,
And sat down beside her,) a pillow, and a fluffy play spider,
And frightened Miss Muffet away.) or puff of wool.

Row, Row, Row Your Boat (for partners, Mom and Tot)

The same words as for the babies, but sit opposite each other as partners. Let your child's legs go in between yours. Move back and forth as you sing and keep yourselves lined up by the midline of your two bodies. Let your toddler pull you as much as possible to build up his strength.

Color Song (Do it with different colors)

Blue, blue, blue, blue,
Who is wearing blue today?
Blue, blue, blue, blue,
Who is wearing blue?
(Child's name)'s wearing blue today.
Look at him and you will say
Blue, blue, blue, blue,
(Child's name) is wearing blue.

There are several circle songs that are good for toddlers. Start all circle activities clockwise. Other learning games should be done from left to right.

Pop Goes the Weasel

All around the cobbler's bench)
The monkey chased the weasel.) Walk in a circle.
The monkey thought it was all in fun.
Pop goes the weasel.) Lift your child.

Here We go Round the Mulberry Bush

Here we go round the mulberry bush, the mulberry bush, the mulberry bush.
Here we go round the mulberry bush, so early in the morning.
This is the way we say action, say action, say action,)
This is the way we say action, so early Sunday morning) Do action.

(Repeat with different actions for all the days of the week)

End with the first verse again.

The Hokey Pokey - Same as for babies.

Y'All Fall Down

First you take your left foot, hop, hop.)
Then you take your right foot, hop, hop.)
Then you take your left foot, hop, hop.)
Then you take your right foot, hop, hop.) Do motions with the child.

Y'All Fall Down (continued)

And now you skip around in a circle,)
Skip around in a circle,)
Skip around in a circle,)
And y'all fall down.)

Now you take your left foot, kick, kick.)
Then you take your right foot, kick, kick.)
Then you take your left foot, kick, kick.)
Then you take your right foot, kick, kick.) Do motions with the child.
And now you skip around in a circle,)
Skip around in a circle,)
Skip around in a circle,)
And y'all fall down.)

Now you take your both feet, jump, jump.)
Yes you take your both feet, jump, jump.)
Don't forget, you take your both feet, jump, jump.)
Once again, you take your both feet, jump, jump.) Do motions with the
And you skip around in a circle,) child.
Skip around in a circle,)
Skip around in a circle,)
And y'all fall down.)

Ring Around A Rosie

Ring around a rosie.) Walk in a circle

A pocket full of posies.) and fall down

Ashes, ashes,) at the end.

We all fall down.)

The Road Safety Song

We must have safety on the road each day.) Walking in a circle.

Look left.) Stop. Turn head left.

Look right.) Turn head right.

Look left.) Turn head left.

Then off we go if the road is clear,) Continue

Safely home to Mommy cause there's nothing to fear.) walking.